## **Employee/Retiree Wellness Clinic**

The City of Memphis Employee/Retiree Wellness Clinic provides quality, zero cost wellness services to employee/retirees and their family members who have City of Memphis health benefits. The Wellness Clinic services are provided by Methodist Healthcare.

Hours of the Clinic MON AND FRI 8-4 (last patient checked in at 3:45) TUE -THUR 11-7 (last patient checked in at 6:45)

## BIOMETRIC SCREENINGS WILL ONLY BE PERFORMED ON MONDAY AND FRIDAY FROM 1-3:45.

Appointments encouraged due to recent increase in patient flow.

The Clinic is located at:

1803 Union Ave (Behind Methodist Minor Med)

Phone: 901-722-3177 Fax: 901-722-3166

## **Provided services include:**

Treatment of acute conditions such as colds, sore throat, sinus or allergy symptoms, coughing, Acute joint pain or injuries including back sprains or strains

Abdominal pain, nausea, vomiting, diarrhea

Eye infections

Eye infections
Ear infections
Boils/skin infections
Rashes
Acute wounds
Sports physicals
Sutures (not facial wounds)

We no longer provide vitamin B12 injections without initially checking levels to determine the necessity.

We will not provide refills on maintenance medications. If you run out of medication a 7-day supply will be written while you secure an appointment with your provider.

We will not excuse previously missed work days.

We do not perform routine lab work. Please see your primary care provider for this service.

We do not provide routine immunizations.